



**Midweek Lenten Worship VI**

*Set Free:*

*The Gospel in Exodus—*

**Exodus 16:1-18, 35**

*The Good News of a God Who  
Sustains Us on Our Journey*

**ST. JOHN'S LUTHERAN CHURCH –  
HAMBURG**

**Wednesday, March 25, 2026  
6:30 p.m.**

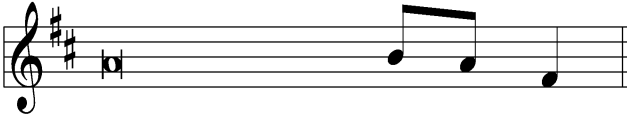
**FAITH LUTHERAN CHURCH  
Thursday, March 26, 2026  
11:00 a.m. 630 p.m.**

## OPENING HYMN

### “O Bless the Lord, My Soul”

LSB #814

**P** O Lord, open my lips,



**C** and my mouth will de - clare Your praise.

**P** Make haste, O God, to deliver me;



**C** make haste to help me, O Lord.



**C** Glo-ry be to the Father and to the Son and to the Holy Spir - it;



as it was in the be - gin - ning, is now, and will be for-ev-er. A - men.



Praise to You, O Christ, Lamb of our sal - va - tion.

### Psalm 103 (*read responsively*)

**P**<sup>1</sup>Bless the LORD, O my soul,  
and all that is within me,  
bless his holy name!

**C**<sup>2</sup>Bless the LORD, O my soul,  
and forget not all his benefits,

**P**<sup>3</sup>who forgives all your iniquity,

who heals all your diseases,

**C**<sup>4</sup>**who redeems your life from the pit,  
who crowns you with steadfast love and mercy,**

**P**<sup>5</sup>who satisfies you with good  
so that your youth is renewed like the eagle's.

**C**<sup>6</sup>**The LORD works righteousness  
and justice for all who are oppressed.**

**P**<sup>7</sup>He made known his ways to Moses,  
his acts to the people of Israel.

**C**<sup>8</sup>**The LORD is merciful and gracious,  
slow to anger and abounding in steadfast love.**

**P**<sup>9</sup>He will not always chide,  
nor will he keep his anger forever.

**C**<sup>10</sup>**He does not deal with us according to our sins,  
nor repay us according to our iniquities.**

**P**<sup>11</sup>For as high as the heavens are above the earth,  
so great is his steadfast love toward those who fear him;

**C**<sup>12</sup>**as far as the east is from the west,  
so far does he remove our transgressions from us.**

**P**<sup>13</sup>As a father shows compassion to his children,  
so the LORD shows compassion to those who fear him.

**C**<sup>14</sup>**For he knows our frame;  
he remembers that we are dust.**

**P**<sup>15</sup>As for man, his days are like grass;  
he flourishes like a flower of the field;

**C**<sup>16</sup>**for the wind passes over it, and it is gone,  
and its place knows it no more.**

**P**<sup>17</sup>But the steadfast love of the LORD is from everlasting to  
everlasting on those who fear him,  
and his righteousness to children's children,

**C**<sup>18</sup>**to those who keep his covenant  
and remember to do his commandments.**

**P**<sup>19</sup>The LORD has established his throne in the heavens,  
and his kingdom rules over all.

**C**<sup>20</sup>**Bless the LORD, O you his angels,  
you mighty ones who do his word,  
obeying the voice of his word!**

**P**<sup>21</sup>Bless the LORD, all his hosts,  
his ministers, who do his will!

**C**<sup>22</sup>**Bless the LORD, all his works,  
in all places of his dominion.**

**Bless the LORD, O my soul!**

### ANTIPHON

**P** Blessed be God, the Father, the Son, and the Holy Spirit.



**C** O come, let us wor - ship Him.

### RESPONSIVE HYMN “*Create in Me*”

LSB #956

### CONFESSION AND ABSOLUTION

**P** “God is spirit, and His worshipers must worship in spirit and in truth.” (*John 4:24*) And, “He who conceals his sins does not prosper, but whoever confesses and renounces them finds mercy. (*Proverbs 28:13*) Therefore, let us confess and renounce our sins with a sincere heart and mind before the Lord, receiving His Almighty, Divine, and Eternal forgiveness.

*(A moment of silence  
for personal confession and reflection.)*

**P** We confess:

**C** **God forgive me, a sinner. Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us,**

**renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.**

**P** “For God so loved the world that He gave His only-begotten Son, so that whosoever believes in Him shall not perish, but shall have everlasting life. (*John 3:16*)  
“Blessed is the one whose sin the LORD does not count against him, and in whose spirit is no deceit. (*Based on Psalm 32:1, 2*) By this, your confession, I, by virtue of my office as a called and ordained servant of the Word, announce the grace of God unto you, and by the command and in the stead of the Lord Jesus Christ, (*John 20:22-23; Matthew 16:19 NIV*) I forgive you all your sins in the name of the Father and of the Son and of the Holy Spirit. “Be of good cheer, your sins are forgiven you. (*Matthew 9:2 KJV*) Now, go and live a life worthy of your calling in Christ Jesus, and produce fruit in keeping with real repentance. (*Ephesians 4:1*)

## **READING**

## **Exodus 16:1-18, 35**

**P** A reading from Exodus, chapter 16.

<sup>1</sup>They set out from Elim, and all the congregation of the people of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. <sup>2</sup>And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, <sup>3</sup>and the people of Israel said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

<sup>4</sup>Then the LORD said to Moses, “Behold, I am about to rain bread from heaven for you, and the people shall go out and gather a day’s portion every day, that I may test them, whether they will walk in my law or not. <sup>5</sup>On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.” <sup>6</sup>So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the LORD who

brought you out of the land of Egypt, <sup>7</sup>and in the morning you shall see the glory of the LORD, because he has heard your grumbling against the LORD. For what are we, that you grumble against us?" <sup>8</sup>And Moses said, "When the LORD gives you in the evening meat to eat and in the morning bread to the full, because the LORD has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the LORD."

<sup>9</sup>Then Moses said to Aaron, "Say to the whole congregation of the people of Israel, 'Come near before the LORD, for he has heard your grumbling.'" <sup>10</sup>And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. <sup>11</sup>And the LORD said to Moses, <sup>12</sup>"I have heard the grumbling of the people of Israel. Say to them, 'At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the LORD your God.'"

<sup>13</sup>In the evening quail came up and covered the camp, and in the morning dew lay around the camp. <sup>14</sup>And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. <sup>15</sup>When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread that the LORD has given you to eat. <sup>16</sup>This is what the LORD has commanded: 'Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.'" <sup>17</sup>And the people of Israel did so. They gathered, some more, some less. <sup>18</sup>But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat.

<sup>35</sup>The people of Israel ate the manna forty years, till they came to a habitable land. They ate the manna till they came to the border of the land of Canaan.

**P** O Lord, have mercy on us.

**C** Thanks be to God.

## READING

## Philippians 4:10-13

**P** A reading from First Corinthians, chapter 4.

<sup>10</sup>I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. <sup>11</sup>Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. <sup>12</sup>I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. <sup>13</sup>I can do all things through him who strengthens me.

**P** O Lord, have mercy on us.

**C** Thanks be to God.

## READING

## John 6:25-35

**P** A reading from John, chapter 6.

<sup>25</sup>When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" <sup>26</sup>Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup>Do not labor for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal." <sup>28</sup>Then they said to him, "What must we do, to be doing the works of God?" <sup>29</sup>Jesus answered them, "This is the work of God, that you believe in him whom he has sent." <sup>30</sup>So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform?" <sup>31</sup>Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" <sup>32</sup>Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. <sup>33</sup>For the bread of God is he who comes down from heaven and gives life to the world." <sup>34</sup>They said to him, "Sir, give us this bread always."

<sup>35</sup>Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

**P** O Lord, have mercy on us.

**C** Thanks be to God.

### SERMON HYMN

*“Guide Me, O Thou Great Redeemer”*

LSB #918

### SERMON

### OFFERING

### KYRIE



**C** Lord, have mer-cy; Christ, have mer-cy; Lord, have mer-cy.

### PRAYERS

#### LORD’S PRAYER

**C** Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

#### BENEDICTION

**P** The grace of our Lord ✠ Jesus Christ and the love of God and the communion of the Holy Spirit be with you all.

**C** Amen.

CLOSING HYMN *“Abide with Me”*

LSB #878